



11th Grade Lesson – Relationship & Dating

Name _____

Circle the correct answer(s).

1. A good friend will do all but the following:
 - a. Accept you as you are
 - b. Support you
 - c. Respect your boundaries
 - d. Belittle, mock, tease, or make fun of you
2. If you love a person, you can change that person's behavior
 - a. True
 - b. False
3. All of following are true regarding personal boundaries except:
 - a. External boundaries include both physical/sexual boundaries.
 - b. External boundaries protect your entire body and especially the private parts of your body. They keep you safe and healthy.
 - c. Your physical/sexual boundaries must be respected by others. You can freely choose whose boundaries you respect and whose you do not.
 - d. Internal boundaries include your emotional and spiritual boundaries and they protect your private thoughts and emotions.
 - e. Internal boundaries protect the deepest part of who you are – your sense of hope, trust, mystery, security and spiritual self.
4. Boundary violations are always small and insignificant. They can be always addressed by politely asking a person to stop.
 - a. True
 - b. False
5. The following are all examples of boundary violations except:
 - a. Interrupting a conversation when you are speaking with someone else.
 - b. Taking one of your possessions.
 - c. Teasing or making fun of you that is excessive and hurtful.
 - d. Asking very personal questions that are inappropriate.
 - e. Writing you a thank you note.

6. Boundary violations increase in severity up to and include examples of sexual abuse or assault.
 - a. True
 - b. False
7. Which of the following is true about an unhealthy relationship in which dating violence occurs?
 - a. Respect and consideration of the other are the foundation of the relationship
 - b. The male partner always abuses the female partner.
 - c. The victim is never at fault
 - d. Open and honest communication is important.
8. Which of the following help you build healthy relationships? (2 answers)
 - a. Watch many movies and copy the behaviors of the lead actors.
 - b. Practice and build life skills such as good communication
 - c. Drinking helps you relax and be yourself.
 - d. Seek wise experienced role models to learn from.
9. How can you help a friend in an abusive relationship?
 - a. Listen to your friend. Support your friend.
 - b. Give advice or strong ultimatums.
 - c. Encourage your friend to keep the situation quiet.
 - d. Tell your friend what to do since she cannot make her own decisions
10. Pornography is damaging when building healthy relationships because:
 - a. It distorts reality and understanding of relationships.
 - b. It does not include feelings, relationships, or the appropriate role of sex between married persons.
 - c. It shows aggression, violence and objectification of girls and women.
 - d. All of the above.