DIOCESE OF
FORT WAYNE-SOUTH BEND
SAFE ENVIRONMENT PROGRAM

10th Grade Lesson – Your Personal Safety: Grooming

Name _____

Circle the correct answer(s).

These questions can be used as a presentation guide for the students (a paper in their possession to fill in as the presentation is happening), or as a quiz afterwards. Perhaps the students can use a form of a presentation guide on the quiz.

1. If you tell an adult that something is wrong or that something bad is happening, and they do nothing, you should:
    a. Tell someone else and keep telling people until the situation is resolved.
    b. Wait in silence until someone intuitively realizes that something might be wrong in your life.
    c. Do nothing. You tried. It didn't work. I guess you will just have to deal with this alone.

2. The definition of grooming (in this context) is:
    a. Making sure you brush your teeth every morning and every night.
    b. A subtle, gradual, and escalating process used by a potential abuser to build trust and an emotional connection with a targeted victim.
    c. A sudden, violent attack.

3. Grooming can be used by an adult on a minor, an adult on an adult, or a minor on a minor.
    a. True
    b. False

4. In the video, when did you start to feel uncomfortable? (all answers accepted)
    a. When the coach gave Melissa a ride home by herself
    b. When the coach took Melissa for ice cream and asked her to keep it quiet
    c. When the coach befriended Melissa's parents
    d. When the coach texted Melissa without copying her parents on the messages and made sexual comments in the texts
    e. When the coach massaged Melissa's calf muscle
    f. When the coach gave Melissa the book of poetry
    g. When the coach asked Melissa to call him Adam when they were alone

Why? _____

5. Groomers tend to prey upon a person who is emotionally vulnerable, has weak boundaries, or who is seeking to belong.
    a. True
    b. False

6. There are some situations in which it is okay for an adult to ask you to keep secrets from your family (especially your parents or guardians).
    a. True
    b. False

7. Groomers tend to be impatient and rush into inappropriate conversation with their intended victim.
    a. True
    b. False

8. Sometimes, groomers will use their standing of power or position of authority to compel or manipulate their intended victim into a certain behavior or action.
    a. True
    b. False

9. Feeling boxed into a certain pattern of behavior because of your fear of someone else's reaction is okay. That is how relationships work sometimes. That's not really manipulation.
    a. True
    b. False

10. Why is this topic important?
    a. Because YOU are important.
    b. Because YOU, child of God, are loved.
    c. Because YOU matter.
    d. Because, even if you don't think so, there are people who care about you (in healthy and appropriate ways).
    e. All of the above.

Possible additions to the quiz, depending upon the format:

- Do you have someone here at this school who you would feel comfortable talking to if a situation like this arose or if you might be concerned for a friend?

- How easy is it for you to refuse someone? How often do you get to say “no” without feeling as though there will be negative repercussions? Do you have some go-to phrases to use to defuse a situation?

- What makes for a healthy relationship?